



Ballaugh Primary School



Headteacher
Dr G Cushnie

Tel: (01624) 897311
Email: BallaughEnquiries@sch.im

Class 4 Outdoor Learning Activities

Dear Parents,

We are very pleased to tell you that we have been able to arrange outdoor learning and curricular enrichment opportunities for the children in Years 5 and 6 led by Adventureology, a local outdoor activities provider.

The sessions will give the children additional, but very different, opportunities to further develop not only the good learning habits known as the 6Rs (Resourcefulness, Remembering strategies and skills, Resilience, positive Relationships, Reflectiveness and their Readiness to learn) but also their independence and personal values.

According to the Field Studies Council, outdoor activities have been shown to;

Develop risk-management, resilience and adaptability in a safe environment,

Support the development of Social Skills, Build confidence, Improve mental well-being

Develop environmental awareness, Develop a connection with nature

Develop sensory engagement, Provide opportunities for new experiences and it "levels the playing field".

The activities will happen on Thursday **13th, 20th and 27th November 2025**.

Pick up, along with their class teacher, will be at approx 9.15am. They will be returned to school before the end of the school day. Transport will be via Adventureology vehicles.

Please see suggested kit list info below. There is no need or obligation to purchase kit. **They do not need to bring school uniform.** One useful part of the learning experience is if your child(ren) can help to prepare themselves for the forecasted weather conditions.

KIT LIST

- Packed Lunch, snack and drink
- Waterproof clothing (or a full change of clothes)
- Appropriate footwear - Old Trainers, Walking Boots, Walking Shoes, Ankle Wellies, Short Wellies
- A second set of footwear to wear before or after the activity
- Rucksack or Bag to keep all your kit together
- Long sleeved top and trousers
- Shorts and t-shirt for wearing under a wetsuit (for paddle sports activities)
- Clothing appropriate to the weather (layers which can be taken on / off are advisable)
- Towel

*Long hair must be tied back for the activities

Please remove, fill in and return the permission slip below by Monday 10th November.

I have read and understood the supplied information and give permission for to take part in the sessions.

Signed

Date.....