



Ballaugh Primary School



Headteacher
Dr G Cushnie

Tel: (01624) 897311
Email: BallaughEnquiries@sch.im

Class 4 Outdoor Learning Activities

Dear Parents,

I am very pleased to tell you that we have been able to arrange outdoor learning and curricular enrichment opportunities for the children in Years 5 and 6. The AdventuresKool programme is detailed below and is led by Adventureology, a local outdoor activities provider. All risk assessments and details about the activities are available on the school's website. This letter has also been emailed to all parents.

[outdoor learning link](#) (Home > About Our School > Outdoor Learning Activities)

The sessions will give the children additional, but very different, opportunities to further develop not only the good learning habits known as the 6Rs (Resourcefulness, Remembering strategies and skills, Resilience, positive Relationships, Reflectiveness and their Readiness to learn) but also their independence and personal values.

According to the Field Studies Council, outdoor activities have been shown to;

*Develop risk-management, resilience and adaptability in a safe environment,
Support the development of Social Skills, Build confidence, Improve mental well-being
Develop environmental awareness, Develop a connection with nature
Develop sensory engagement, Provide opportunities for new experiences and it "levels the playing field".*

The activities will happen on Wednesday afternoons, starting **16th October 2024** and run until **27th November 2024**.

Pick up, along with their class teacher, will be at 1 pm. They will be returned to school before the end of the school day. Transport will be via Adventureology vehicles. All risk assessments are available on the school website on the link above.

Please see suggested kit list info below. There is no need or obligation to purchase kit. **They do not need to bring school uniform.** One useful part of the learning experience is if your child(ren) can help to prepare themselves for the forecasted weather conditions.

KIT LIST

- Waterproof clothing (or a full change of clothes)
- Appropriate footwear - Old Trainers, Walking Boots, Walking Shoes, Ankle Wellies, Short Wellies
- A second set of footwear to wear before or after the activity
- Rucksack or Bag to keep all your kit together
- Long sleeved top and trousers
- Shorts and t-shirt for wearing under a wetsuit (for paddle sports activities)
- Clothing appropriate to the weather (layers which can be taken on / off are advisable)
- Towel
- Drinks bottle if needed for afterwards

*Long hair must be tied back for the activities

Please remove, fill in and return the permission slip below by Friday 11th October.

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I have read and understood the supplied information and give permission for
to take part in the sessions.

Signed

Date.....